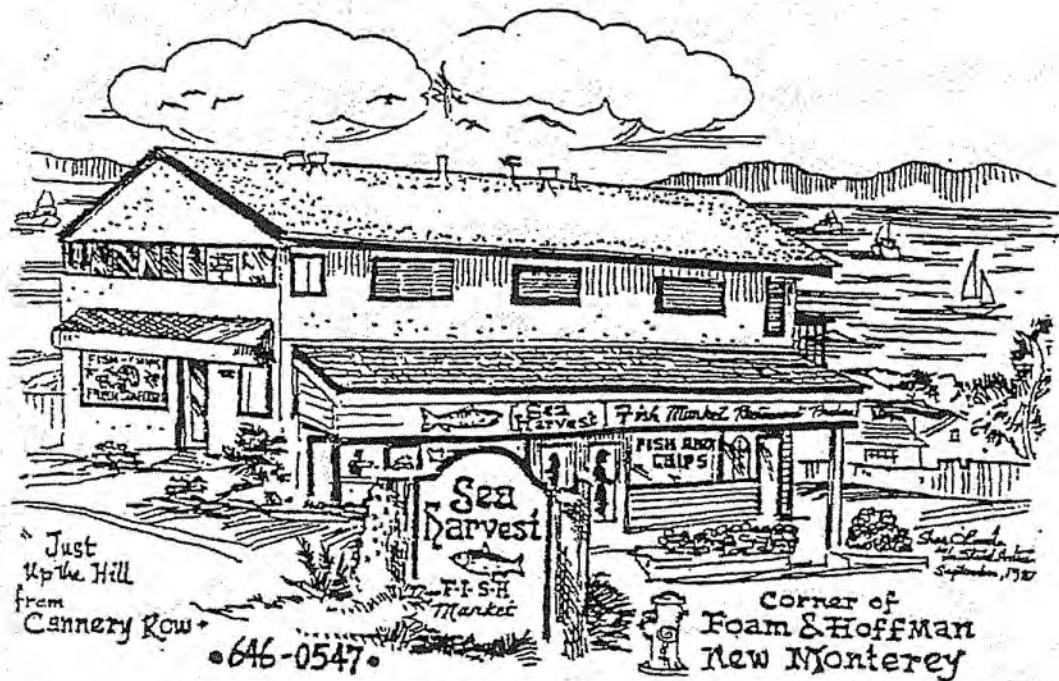


SEA HARVEST RESTAURANT & FISH MARKET

598 FOAM ST. MONTEREY CA. (831) 646-0547



FAMILY OWNED AND OPERATED SINCE 1983

STARTERS

6 OYSTERS ON THE HALF SHELL	\$13.95
6 BBQ OYSTERS - WITH GARLIC BUTTER	\$15.95
CRAB COCKTAIL - ROCK CRAB MEAT	\$10.95
SHRIMP COCKTAIL	\$9.95
1/2 POUND PEEL & EAT PRAWNS - *STEAMED* SERVED WITH COCKTAIL	\$12.95
SAUCE & LEMON	
STEAMED CLAMS	\$12.95
STEAMED MUSSELS	\$11.95
PRAWN COCKTAIL	\$11.95

SOUP AND SALADS

CLAM CHOWDER BREAD BOWL	\$11.95
CUP OF CHOWDER	\$4.95
BOWL OF CLAM CHOWDER	\$6.95
SHRIMP LOUIE	\$10.95
CRAB LOUIE - ROCK CRAB MEAT ON A LARGE GREEN SALAD	\$12.95
GREEN SALAD	\$4.95
CAESAR SALAD	\$6.95

SANDWICHES

SERVED ON A SOFT FRENCH ROLL WITH CHOICE OF FRIES OR COLESLAW

FISH SANDWICH - CHOICE OF TILAPIA, ROCK COD OR SQUID***GRILLED OR	\$14.95
FRIED****	
GRILLED SALMON SANDWICH	\$16.95
CRAB SALAD SANDWICH	\$15.95
CHICKEN SANDWICH - GRILLED OR FRIED	\$14.95

PASTA DISHES

PASTA DISHES SERVED WITH GARLIC BREAD

SEAFOOD PASTA - FRESH SCALLOPS, SALMON AND PRAWNS IN A CREAMY	\$19.95
ALFREDO SAUCE	
VEGGIE PASTA - FETTUCCHINI, BROCCOLI AND CARROTS SERVED IN A CREAMY ...	\$17.95
ALFREDO SAUCE	

FROM OUR FRYER

COLESLAW MAY BE SUBSTITUTED FOR FRIES

- FISH & CHIPS** - FRESH COD FILLET, BATTERED & FRIED \$14.95
GOLDEN BROWN
- OYSTERS & CHIPS** - SUCCULENT FRESH NORTHWEST \$16.95
OYSTERS BREADED & FRIED GOLDEN BROWN
- PRAWNS & CHIPS** - LIGHTLY BATTERED & FRIED \$15.95
- SCALLOPS & CHIPS** - SWEET, FRESH, TENDER BAY SCALLOPS, \$15.95
BREADED
- COMBINATION & CHIPS** - FISH, CALAMARI, PRAWNS \$19.95
- CLAMS & CHIPS** - LIGHTLY BATTERED CLAM STRIPS \$12.95
- CALAMARI & CHIPS** - TENDER MONTEREY BAY CALAMARI \$14.95
BREADED IN A LIGHT SEASONING
- FRIED CHICKEN STRIPS & CHIPS** \$12.95

FROM OUR GRILL

SERVED WITH RICE, FRESH VEGETABLES, & COLESLAW - OR - ON
TOP OF A CAESAR SALAD

ALL GRILLED MEALS PREPARED WITH BUTTER & GARLIC, CAJUN STYLE OR TERIYAKI

- | | |
|---|-------------------------------------|
| AHI TUNA - RARE, \$25.95
MEDIUM, OR WELL DONE | CALAMARI STEAK \$15.95 |
| CRAB CAKES \$16.95 | TILAPIA \$16.95 |
| ROCKFISH \$16.95 | JUMBO PRAWNS \$21.95 |
| SEA SCALLOPS \$28.95 | SALMON \$19.95 |
| SWORDFISH \$25.95 | SEAFOOD KABOB \$21.95 |
| | TROUT \$15.95 |

ALL OF OUR FISH IS BASED ON THE LUCK OF OUR FISHERMEN &
THE WHIM OF THE SEA

SIDES

<i>RICE</i>	\$3.95	<i>CRISPY FRIES</i>	\$4.95
<i>SIDE OF FRENCH BREAD</i>	\$1.95	<i>VEGGIES</i>	\$3.95
<i>GARLIC BREAD</i>	\$4.95	<i>COLESLAW</i>	\$3.95

BEVERAGES

<i>SODA</i> - PEPSI, DIET PEPSI, ROOT BEER, 7UP, ORANGE SODA,	\$1.75
GINGER ALE, LEMONADE, BOTTLED WATER & SPARKLING WATER	
<i>APPLE JUICE</i>	\$2.25
<i>COFFEE, HOT TEA, OR HOT CHOCOLATE</i>	\$2.25
<i>ICED TEA</i> - LIPTON OR RASPBERRY	\$2.25
<i>BEER</i>	\$4.95
<i>HOUSE WINE BY THE GLASS</i> - CHARDONNAY, PINOT	\$4.95
GRIGIO, SAUVIGNON BLANC, WHITE ZINFANDEL, MERLOT, PINOT NOIR & CABERNET SAUVIGNON OR CHOOSE A BOTTLE OF WINE FROM OUR MARKET	

DESSERTS

*ASK YOUR SERVER ABOUT TODAY'S
DELICIOUS DESSERTS*

*15% SERVICE CHARGE ADDED TO PARTIES
OF SIX OR MORE*